

BRITTON-HECLA

OCTOBER MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			1 <u>Breakfast</u> Cereal Bagel Fruit Milk or Juice <u>Lunch</u> Hot Dog/Bun Chips Vegetable Fruit and Milk	2 <u>Breakfast</u> French Toast Fruit Milk or Juice <u>Lunch</u> Tatortot Hotdish Dinner Roll Vegetable Fruit and Milk
5 <u>Breakfast</u> Egg Patty/Toast Fruit Milk or Juice <u>Lunch</u> Chicken Alfredo Breadstick Vegetable Fruit and Milk	6 <u>Breakfast</u> Cereal English Muffin Fruit Milk or Juice <u>Lunch</u> Walking Tacos Vegetable Fruit and Milk	7 <u>Breakfast</u> Breakfast Sandwich Fruit Milk or Juice <u>Lunch</u> Mini Corn Dogs Mashed Potatoes Vegetable Fruit and Milk	8 <u>Breakfast</u> Cereal Toast Fruit Milk or Juice <u>Lunch</u> Chili Cinnamon Roll Vegetable Fruit and Milk	9 <u>Breakfast</u> Soft Cereal Bar Cheese Stick Fruit Milk or Juice <u>Lunch</u> Pizza Fruit Vegetable Milk
12 NO SCHOOL	13 <u>Breakfast</u> Cereal Toast Fruit Milk or juice <u>Lunch</u> Mr. Rib/Bun Onion Rings Vegetable Fruit and Milk	14 <u>Breakfast</u> Frittata Toast Fruit Milk or Juice <u>Lunch</u> Lasagna Garlic Toast Fruit Fruit and Milk	15 <u>Breakfast</u> Cereal Toast Fruit Milk or Juice <u>Lunch</u> Grilled Cheese Chips Vegetable Fruit and Milk	16 <u>Breakfast</u> Muffins Fruit Milk or Juice <u>Lunch</u> Chicken Filet/Bun Fries Vegetable Fruit and Milk
19 NO SCHOOL	20 <u>Breakfast</u> Cereal Toast Fruit and Milk <u>Lunch</u> Teriyaki Chicken Rice Vegetable Fruit and Milk	21 <u>Breakfast</u> Donut/Yogurt Fruit Milk or Juice <u>Lunch</u> Meatballs/Gravy Mashed Potatoes/Bun Vegetable Fruit and Milk	22 <u>Breakfast</u> Cereal Bagel Fruit Milk or Juice <u>Lunch</u> Chicken Patty/Bun Chips Vegetable Fruit and Milk	23 <u>Breakfast</u> Omelet/Toast Fruit Milk or Juice <u>Lunch</u> Beef & Bean Burrito Tortilla Chips/Cheese Vegetable Fruit and Milk
26 <u>Breakfast</u> Yogurt Parfait Cereal Bar Fruit and Milk <u>Lunch</u> Fish Sticks/Dinner Roll Mashed Potatoes Vegetable Fruit and Milk	27 <u>Breakfast</u> Cereal Toast Fruit and Milk <u>Lunch</u> Tangerine Chicken Rice Vegetable Fruit and Milk	28 <u>Breakfast</u> Breakfast Bosco Fruit Milk or Juice <u>Lunch</u> Pigs in a Blanket Vegetable Fruit and Milk	29 <u>Breakfast</u> Cereal Toast Milk or Juice <u>Lunch</u> Spaghetti Breadstick Vegetable Fruit and Milk	30 <u>Breakfast</u> Pancake on a Stick Fruit Milk or Juice <u>Lunch</u> Pizza Vegetable Fruit and Milk