

BRITTON HECLA OCTOBER MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
<u>Breakfast</u> Breakfast Wrap Cereal Bar Fruit Milk or Juice	<u>Breakfast</u> Cereal English Muffin Fruit Milk or Juice	<u>Breakfast</u> Breakfast Cookie Yogurt Fruit Milk or Juice	<u>Breakfast</u> Cereal Toast Fruit Milk or Juice	<u>Breakfast</u> Breakfast Taco Fruit Milk or Juice
<u>Lunch</u> Chili Cornbread Vegetable Fruit and Milk	<u>Lunch</u> Chicken Alfredo Breadstick Vegetable Fruit and Milk	<u>Lunch</u> BBQ Rib Sandwich French Fries Vegetable Fruit and Milk	<u>Lunch</u> Pizza Vegetable Fruit and Milk	<u>Lunch</u> Chicken Strips Mashed Potatoes Vegetable Fruit and Milk
8	9	10	11	12
NO SCHOOL	<u>Breakfast</u> Cereal Bagel Fruit Milk or Juice	<u>Breakfast</u> Pancake on a Stick Fruit Milk or Juice	<u>Breakfast</u> Cereal Toast Fruit Milk or Juice	<u>Breakfast</u> Breakfast Pizza Fruit Milk or Juice
	<u>Lunch</u> Biscuits & Gravy Vegetable Fruit and Milk	<u>Lunch</u> Grilled Cheese Soup Vegetable Fruit and Milk	<u>Lunch</u> Tatortot Hotdish Vegetable Fruit and Milk	<u>Lunch</u> Chicken Patty on a bun Sweet Potato Fries Vegetable Fruit and Milk
15	16	17	18	19
Senior Lunch Choice <u>Breakfast</u> Skillet Frittata English Muffin Fruit Milk or Juice	<u>Breakfast</u> Cereal Cheese Stick Fruit Milk or Juice	<u>Breakfast</u> Breakfast Sandwich Fruit Milk or Juice	<u>Breakfast</u> Cereal Toast Fruit Milk or Juice	<u>Breakfast</u> Long Johns Eggs Fruit Milk or Juice
<u>Lunch</u> French Toast Sticks Sausage/Egg Butter Noodles Veg/Fruit/Milk	<u>Lunch</u> Ranch Chicken Hotdish Vegetable Fruit And Milk	<u>Lunch</u> BBQ on a bun Chips Vegetable Fruit and Milk	<u>Lunch</u> Chicken Fajitas Vegetable Fruit and Milk	<u>Lunch</u> Lasagna Breadstick Vegetable Fruit and Milk
22	23	24	25	26
NO SCHOOL	<u>Breakfast</u> Cereal Toast Fruit Milk or juice	<u>Breakfast</u> Scrambled Eggs Waffles Fruit Milk or Juice	<u>Breakfast</u> Cereal Yogurt Fruit Milk or Juice	<u>Breakfast</u> Breakfast Wrap Fruit Milk or Juice
Inservice	<u>Lunch</u> Hot Ham & Cheese Sand Vegetable Fruit Milk	<u>Lunch</u> Chicken Taquitos Vegetable Fruit Milk	<u>Lunch</u> Super Oles Vegetable Fruit Milk	<u>Lunch</u> Pigs in a Blanket Vegetable Fruit Milk
29	30	31		
<u>Breakfast</u> Breakfast Cookie Cheese Stick Fruit Milk or Juice	<u>Breakfast</u> Cereal English Muffin Fruit Milk or Juice	<u>Breakfast</u> Breakfast Pizza Fruit Milk or Juice		
<u>Lunch</u> Chicken Nuggets Rice Vegetable Fruit and Milk	<u>Lunch</u> Deli Turkey Sandwich French Fries Vegetable Fruit and Milk	<u>Lunch</u> "BOO"-lash Vegetable Fruit and Milk		